



Mental Health First Aid Workshops to Address Mental Health Needs Following FL Hurricanes

FOR THE

#GATORGOOD

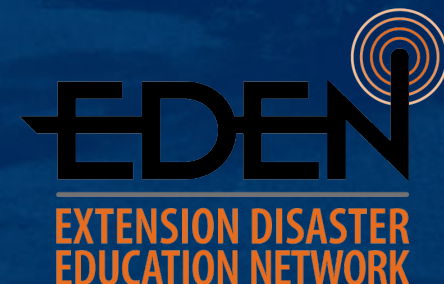
Angie B. Lindsey

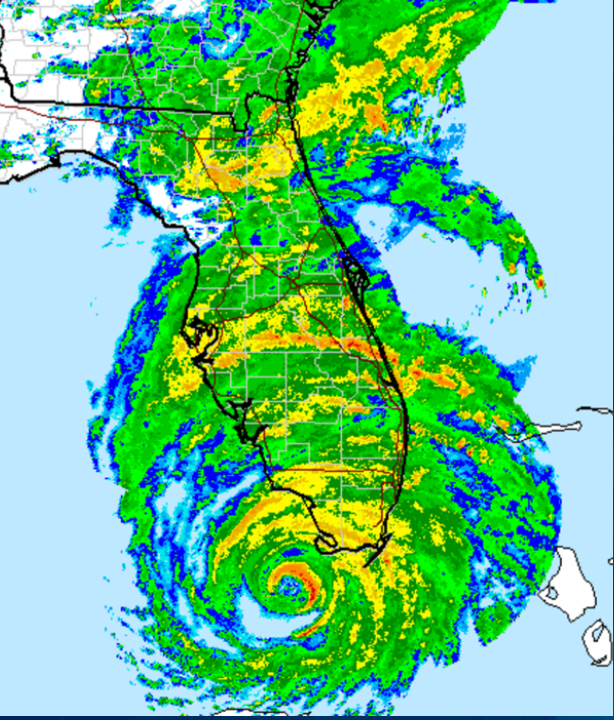


Center for
Public Issues Education

FYCS

FAMILY, YOUTH AND COMMUNITY SCIENCES
the science of helping people. together.





Hurricane IRMA

- Landfall twice on 9/10/2017
- Category 4 Hurricane – Keys; Category 4 at Marco Island
- Measured wind speeds 120-142 mph
- Second most powerful storm in velocity & duration
- Hurricane winds covered 80 miles; tropical storm winds 400 miles
- 32 of Florida's rivers and creeks flooded
- 18 tornados
- 7,000 shelters
- 54 counties ordered evacuation orders (6.5 million evacuated)
- 6.7 million homes w/out power (64% of state)
- 84 related deaths
- \$60 Billion in costs – one of costliest storms in country

message on 9/15/17, 6:15 AM.

I'm starting to get more reports and contacts from growers around the state now that communications are slowly coming back online.

The attached video is from Lee Jones and is of the Julian Grove (near Immokalee) where he reports 500 acres destroyed. Here's the message he sent me:

That grove is between Immokalee and Labelle. Mike Sparks, myself, Dr. Browning, Vic Story, Hill Griffin, John Barben, and a few others met with Senators Rubio and Nelson yesterday. A lot of growers will be out of business without disaster assistance. Even with the best crop insurance you can buy, we will lose much more than \$1000 per acre. Probably closer to \$2000 when you figure a recovery time for the trees. The recovery time may even be longer with greening disease and we may lose more trees than we are thinking. Also, fruit drop will probably continue for at least another month with the compromised roots due to greening.

I talked to the owner of our groves yesterday, and he said he is done without federal assistance. So I guess the best thing we can do is put as much pressure as possible on our elected officials. We really, really need some help!

I've talked to some growers on the east coast and they are still dealing with water issues on top of the wind. If we could get some more pumps somehow for them, that would help.

The two attached pictures are from the Arcadia area taken I believe by Peter Chaires. They are dealing with lots of water standing in the groves, not to mention the fruit already knocked off the trees which is hard to assess with that much water still standing.

I've also heard reports from three citrus nurseries. One didn't have much structural damage but has no power to cool his greenhouses. A second nursery was reported to me via secondhand sources as being completely leveled. But I haven't confirmed that with the nurseryman yet and I really don't want to call him and bother him at this point if it's that bad. A third nursery operation I talked with today had one of their nursery locations largely unscathed, but the second location had significant structural damage with many of the houses losing their roofs.

The ledger article today with Nelson and Rubio was not comforting. All of the growers I have talked with are concerned about federal assistance, if they can get it, how much they can get, and if all of that works out, will it arrive in time.

<image001.jpg>

<image002.jpg>

Sent: Friday, September 15, 2017 8:45 AM

Subject: Fwd: Citrus Industry Damage Reports

Do we have a relationship somewhere on campus that could help us reach out to our citrus farmers? I'm worried farmer suicide rates will rise if not.

Sent from my iPhone

Begin forwarded message:

UF/IFAS Extension Family

Marjorie Moore
Spoke to Yvette Goodiel in Martin Co. No damage to their office. Some limbs down on office ground. Waiting on Parks Department to help remove limbs but may solicit Extension volunteers to help. They have power. (1/2)

Marjorie Moore
Need list of qualified contractors to share with clients. Also contractors that work on greenhouses and shade houses. Staff requesting help in the mental health area. (2/2)

Sep 14, 2017 at 1:32 PM

Angie Lindsey
@Marjorie Moore SAMHSA has a disaster distress hotline [18009855990](tel:18009855990) & their website is emergency.cdc.gov/coping/ will look for local resources as

son Stevenson
How the status of the Monroe
place in Key West? I have a NOAA
that may need assistance for her
resources are coming out of

ge...

Mental Health Resources

Lindsey, Angela B
Friday, September 15, 2017 at 9:34 AM
Show Details

You forwarded this message on 9/15/17, 6:35 AM.
You forwarded this message on 9/15/17, 8:14 AM.

I wanted to share with both of you a few mental health resources that we have identified that may be helpful.

The SAMHSA hotline is a great resource: [Call 1-800-985-5990](tel:1-800-985-5990) or text [TalkWithUs to 66746](tel:1-800-985-5990) to connect with a trained crisis counselor.

<https://www.samhsa.gov/find-help/disaster-distress-helpline>

Here are a few other resources:

<https://emergency.cdc.gov/coping/index.asp>
<http://www.apa.org/helpcenter/disaster-articles.aspx>
<http://www.flapsoych.com/page/DisasterDistress>

Please let me know if I can help - I am working at SART in Kissimmee, but am happy to help in anyway I can - Thank you - Angie

Research & Help!

- Dr. Heidi Radunovich, University of Florida
- Dr. Lynn Grattan, University of Maryland School of Medicine
- National Resources
- Farmworker Stress
- In heavily impacted areas three weeks after Irma
- Quickly learned that agents were in need of the help



And Then....Hurricane Michael

- Made landfall on October 10, 2018
- Mexico Beach, FL (east of Panama City)
- Maximum sustained winds of 160 mph
- Strongest hurricane on record to make landfall in FL Panhandle
- 4th most powerful hurricane to hit US
- Damage from wind and storm surge
- Recently upgraded to a Category 5 Hurricane
- 43 Deaths



Disaster Response & Recovery Mental Health First Aid Training

- Mental Health First Aid Training - Psychological first aid programs began in an effort to help people cope immediately following a disaster. Includes mental disorders, interventions, depression, anxiety, and much more
- Addressing Need & Gaps across the state
- Partnership & Funding with FL Dept. of Agriculture and FL SART (State Agricultural Response Team)
 - Workshops in 7 districts
 - Workshops are 1.5 days -
 - **Day 1:** Certification (National Council for Behavioral Health)
 - **Day 2:** Individual & Community Impacts & Resources



Disaster Response & Recovery Mental Health First Aid Training

Have completed seven trainings:

- Broward – February 2019
- Suwanee – March 2019
- Osceola – April 2019
- Marion – April 2019
- Pinellas – June 2019
- Charlotte – June 2019
- Bay – September 2019

Impacts

- Over 110 in attendance
- Multi-agency: DOH, FDACS, UF/IFAS, CERT, UF Veterinarian, Farm Bureau, & county operations
- Press Coverage
- Positive feedback on evaluations
- Potential other partnerships

Next Steps – Moving Ahead

- Formalize training (partnerships)
- Continue to do trainings as resources allow
- Continually look for ways to support faculty and staff
- Tools that can help benefit FL Communities